

16th Annual Cohasset Thanks4Giving 5 K
November 28, 2024
PLEASE READ! IMPORTANT INFORMATION!

Dear Participant,

Thank you for your entry into the 16th Annual Cohasset Thanks4Giving 5k.

We appreciate your support of the event. We could not do this race without our sponsor friends you see on the back of the race shirt; please thank them when you visit or use their services.

We start at 7:30 am sharp; please arrive early!!

There is still time for your family or friends to register for this fun event. Click [here](#) to register through the website through 5:00 am Thanksgiving morning.

We accept in-person registration from 6:30 – 7:00 am, but 2024 race shirts are only guaranteed to the first 750 registered runners. Typically, any registrations are offered a previous version of the race shirt by Monday.

Packet Pick Up & Registration - There will be t-shirt and packet pick up on Tuesday, November 22, from 12:00 pm-8:00 pm and Wednesday, November 23, from 9 am to 3:00 pm at the Cohasset Recreation Department, 100 Sohier Street. You may also pick up your bib and shirt from 6:30-7:00 am at the Second Congregational Church next to Cohasset Town Hall on race day.

Chip Timing - Your timing device for this event is a disposable timing chip affixed to your bib number's back. Please make sure the information on the sticker on the bib is correct and accurate. To receive an accurate time, please make sure your bib is visible on the front of the torso, unaltered and unmodified (do not fold or wrinkle), pinned in all four corners, and not covered by jackets, runner belts, water bottles, etc. Pins are available, and Spitler Race Systems will be timing this event.

Participant Parking – The Town Hall parking lot and Highland Street are closed to parking to allow for the start and finish line to be set up by 6 am. Parking is limited on North Main Street, but there is plenty of parking in downtown Cohasset and the town parking lot.

Our Course – We start and finish at the same spot. And yes, we are hilly, and be prepared for the occasional windy and chilly run by Sandy Beach. If you are walking, please stay on the right-hand side of the road, and timing continues typically for 1 hour and 15 minutes after the race starts.

Unofficial Starting Corrals –

We will ask to allow the elite runners to compete; the first section of runners be in the 5-6 minute pace, coming in within 20 minutes. The next group would be the 7-9 minute pace within 30

minutes. All families with younger children, strollers, and four-legged runners should be at the end of the line.

Race Finish –

When finished, please move away from the finish line, off the street, and towards the common green. Water will be available, and all finishers may take a finisher medal.

Awards: We give out awards for the top three finishers for the men's and women's division

Volunteers – We can't put on a race of this size without our amazing volunteers. If you have friends or family who don't want to race but want to help, we'd love to have them!

Costumes—It's Thanksgiving, so we want to encourage everyone to dress up in their favorite turkey costumes. We'll be awarding both an individual and family award for the best outfits. We ask that all those in costume meet at the front door of the Town Hall at 7:15 a.m. for a photograph and awarding of the best costumes.

Updated Information – While we will continue sending out email information leading up to the race, we ask that you also like our Facebook page and follow us on Instagram for updates.

If you have any pre-race questions, email us at recreation@cohassetma.org.

Thanks again for registering, and we'll see you on the 28th!