17th Annual Cohasset Thanks4Giving 5 K November 27, 2025 PLEASE READ! IMPORTANT INFORMATION!

Dear Participant,

Thank you for entering the 17th Annual Cohasset Thanks4Giving 5 K.

We appreciate your support of the event. We could not have done this race without our sponsor friends, who are featured on the back of the race shirt. Please thank them when you visit or use their services.

We start at 7:30 am sharp; please arrive early!!

There is still time for your family or friends to register for this fun event. Click <u>here</u> to register through the website by 4:00 am Thanksgiving morning.

We accept in-person registration from 6:30-7:00 am, but 2025 race shirts are only guaranteed to the first 850 registered runners. Typically, any registrations are offered a previous version of the race shirt by Monday.

Packet Pick-Up & Registration - There will be t-shirt and packet pick-up on Tuesday, November 25, from 12:00 pm to 8:00 pm, and Wednesday, November 26, from 9:00 am to 3:00 pm, at the Cohasset Recreation Department, 100 Sohier Street. You may also pick up your bib and shirt from 6:30-7:00 am at the Second Congregational Church next to Cohasset Town Hall on race day.

Chip Timing - Your timing device for this event is a disposable timing chip affixed to the back of your bib number. Please ensure the information on the sticker on the bib is accurate and correct. To receive an accurate time, please ensure your bib is visible on the front of your torso, unaltered and unmodified (do not fold or wrinkle), pinned in all four corners, and not covered by jackets, runner belts, water bottles, etc. Pins are available, and Spitler Race Systems will be timing this event.

Participant Parking – The Town Hall parking lot and Highland Street are closed to parking to allow for the setup of the start and finish lines by 6 am. Parking is limited on North Main Street, but there is ample parking available in downtown Cohasset and the town parking lot.

Our Course – We start and finish at the same spot. And yes, we are hilly, and be prepared for the occasional windy and chilly run by Sandy Beach. If you are walking, please stay on the right-hand side of the road. The timing typically continues for 1 hour and 15 minutes after the race starts.

Unofficial Starting Corrals –

We will ask to allow the elite runners to compete; the first section of runners will be in the 5-6 minute pace, coming in within 20 minutes. The next group would be those with a pace of 7-9

minutes within a 30-minute time frame. All families with younger children, strollers, and four-legged runners should be at the end of the line.

Race Finish -

When finished, please move away from the finish line, off the street, and towards the common green. Water will be available, and all finishers may take a finisher medal.

Awards: We give out awards for the top three finishers in the men's and women's divisions

Volunteers – We can't put on a race of this size without our amazing volunteers. If you have friends or family who don't want to race but want to help, we'd love to have them!

Costumes—It's Thanksgiving, so we want to encourage everyone to dress up in their favorite turkey costumes. We'll be awarding both an individual and a family award for the best outfits. We ask that all those in costume meet at the front door of the Town Hall at 7:15 a.m. for a photograph and awarding of the best costumes.

Updated Information – While we will continue to send out email updates leading up to the race, we also encourage you to like our Facebook page and follow us on Instagram for additional updates.

If you have any pre-race questions, email us at recreation@cohassetma.org.

Thank you again for registering. We look forward to seeing you on the 27th!