

# Summer Sports & Activities

## with Mr. Dykas & Mrs. Gibson @ Joseph Osgood School

Creative Movement Students will be given a variety of activities that will help to improve motor skills and increase their understanding of movement such as: various beginning sports skills, parachute, tagging games, and a variety of playground and rhythmic activities.

Beginning Sports Students will begin the process of learning how to play various sports and improve skills at their level of understanding. They will be given the opportunity to learn basic practice skills involved in various team and individual sports. "Backyard Games" will also be included: capture the flag, various tagging games, playground activities, etc.

Fun with Sports Students will continue to learn about team and individual sports while improving their skills. They will continue to learn basic practice skills involved in various team and individual sports. Students will also learn the importance of teamwork and cooperative activities. "Backyard Games" will also be included: capture the flag, various tagging games, playground activities, etc.

### Creative Movement

Creative Movement students will be given a variety a variety of activities that will help to improve motor skills and increase their understanding of movement such as: various beginning sports skills, parachute, tagging games, and a variety of playground and rhythmic activities.

Grades 1-4

July: Mon 18, Tue 19, Wed 20, Thu 21, Mon 7/25, Tue 7/26 12:30 - 4:00 p.m. Fee: \$149 (6 days)

### Beginning Sports

Beginning Sports students will begin the process of learning how to play various sports and improve skills at their level of understanding. They will be given the opportunity to learn basic practice skills involved in various team and individual sports. Students will also learn to understand the importance of teamwork and cooperative activities. "Backyard Games" will also be included: capture the flag, various tagging games, playground activities, etc.

Grades 1-4

July: Wed 13, Thu 14, Mon 18, Tue 19, Wed 20, Thu 21 8:30 - 12:00 noon Fee: \$149 (6 days)

### Fun with Sports

Fun with Sports students will continue to learn about team and individual sports while improving their skills. They will continue to learn basic practice skills involved in various team and individual sports. Students will also learn the importance of teamwork and cooperative activities. "Backyard Games" will also be included: capture the flag, various tagging games, playground activities, etc. Grades 1-4

Session 1 – July: Tue 5, Wed 6, Thu 7, Fri 8, Mon 11, Tue 12, Wed 13, Thu 14

12:30 - 4:00 p.m.

Fee: \$199 (8 days)

Session 2 – July: Mon 25, Tue 26, Wed 27, Thu 28, August: Mon 1, Tue 2, Wed 3, Thu 4

8:30 – 12:00 noon

Fee: \$199 (8 days)

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**Registration is ongoing at [cohassetrec.com](http://cohassetrec.com)**

Attending Cohasset Rec too? Pick up for the morning session and drop off for the afternoon session is available.

**Cohasset Public Schools Health & Registration Form**

Student's Name: \_\_\_\_\_ Present Grade: \_\_\_\_\_

Program: (circle)      **Creative Movement Beginning Sports**  
                                 **Fun w/Sports**              Session 1 or Session 2 –

Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

In case of emergency: \_\_\_\_\_ Phone: \_\_\_\_\_

If your child has any allergies or other conditions you feel the instructor should be aware of, please list and describe briefly:

\_\_\_\_\_

I certify that my child enrolled above is in excellent health and may participate in physical activities. I agree to hold harmless the Cohasset Public Schools, agents, and/or employees from any and all claims of injuries sustained by my child during his or her participation in this program. I certify that there are no limits to my child's participation except as stated on this form.

Parents/ Guardian's signature

Date:

**Cohasset Public Schools Parental Permission, Release, and Indemnification Agreement**

I/we undersigned student aged 18 or over, or the undersigned parent/lawful guardian of \_\_\_\_\_ (child) a minor, do hereby consent to the participation of \_\_\_\_\_, in the Summer Sports program offered by the Joseph Osgood School. (Child)

I/we understand that participation in the program or event is not required and that participation is voluntary. I/we have read and understood the information provided by the school that explained the program or event, including the training of participants, the eligibility and safety rules, any equipment to be used, the medical insurance requirements and the school's emergency medical plan. I/we have had an opportunity to ask questions and have had all of my/our questions adequately answered by school staff.

I/we understand the activities of this program or event, its rules and requirements and its potential risks. I/we accept these conditions and hereby grant permission or my/our child's participation. I/we hereby forever release the Town of Cohasset, the Town of Cohasset School Department and its officers, employees, agents and volunteers from any and all claims for damages with respect to or in connection with all known and unknown personal injuries incurred by my/our child while participating in the program or event except for damages caused solely by the negligence of the Town of Cohasset School Department or its officers, employees, agents or volunteers. I/we hereby agree to indemnify and hold harmless the Town of Cohasset, the Town of Cohasset School Department and its officers, employees, agents, volunteers with respect to any such claims for damages which are not caused solely by the negligence of the Town of Cohasset, the Town Cohasset School Department or its officers, employees, agents or volunteers.

Student Name: \_\_\_\_\_

Parent/ Guardian Signature: \_\_\_\_\_